

TIMETABLE IFAM OORDEGEM (EA) - SATURDAY 27.05.2023

Heats Max

10u00	100m AC women (from Heat D)	9
10u30	100m AC men (from Heat D)	14
11u15	400m AC women (from Heat D)	10
11u50	400m AC men (from Heat D)	11
12u50	200m AC women (from Heat D)	8
13u25	200m AC men (from Heat D)	13
14u10	100mH AC women (84cm) Heats	4
14u30	110mH AC men (107cm) Heats	4
14u50	800m AC women (from Heat D)	9
15u30	800m AC men (from Heat E)	16
16u30	110mH AC men (107cm) Final	1
16u40	100mH AC women (84cm) Final	1
16u50	100m AC women Final C, B, A	3
17u05	100m AC men Final C, B, A	4
17u25	400mH AC women (76cm) Heats A, B, C, D, E	6
17u45	400mH AC men (91cm) Heats A, B, C, D, E	7
18u20	200m AC women Finale C, B, A	3
18u35	200m AC men Finale C, B, A	3
18u50	400m AC women Final Heats C, B, A	3
19u05	400m AC men Final Heats C, B, A	3
19u20	4x100m AC women International Heats	1
19u25	4x100m AC Men International Heats	1
19u40	800m AC women Heat C, B, A	3
19u55	800m AC men Heat D, C, B, A	4
20u15	3000m ST women Heat A	1
20u30	3000m ST men Heat A, B, C	3
21u05	4x400m AC women International Heat	1
21u15	4x400m AC Men International Heat	1
21u25	1500m AC women Heat A, B, C	3
21u45	1500m AC men Heat A, B, C, D, E	5
22u20	5000m AC men Heat A	1
22u35	5000m AC men Heat B	1
22u50	5000m AC men Heat C	1
23u05	1500m AC women (from Heat D) minimum 4.45	5
23u40*	1500m AC men (from Heat E) minimum 4.00	10
00u40*	5000m AC men (from Heat D) minimum 15.00	

FIELD EVENTS

16u40	high jump women
16u50	shot put women
17u00	long jump men
17u10	discus men
18u30	discus women
18u40	shot put men
18u50	high jump men
19u00	long jump women

* Depending on possible cancellations, this can be earlier