

## RESULTS :

7 km

## STRATENLOOP

ESSENE

20/03/2022



rank	bib	gender	name [catg / year]		time	time / km	km/h
1	675	M 1	Van Den Broeck Jan [ Sen / 1989 ]	Lebb	23:34	03:22	17.80
2	775	M 2	Storme Dieter [ M 35 / 1985 ]		24:33	03:30	17.10
3	629	M 3	Braem Glen [ Sen / 1990 ]	Lebb	25:31	03:38	16.50
4	437	M 4	D'haeseleer Sven [ Sen / 2001 ]	Vs	26:37	03:48	15.80
5	182	M 5	Vanvooren Maxim [ M 40 / 1979 ]		26:58	03:51	15.60
6	425	W 1	Tjeerdsma Mariska [ Sen / 1992 ]	Lebb	27:22	03:54	15.30
7	869	M 6	Vandendriessche Bert [ M 40 / 1981 ]	Kwb	27:30	03:55	15.30
8	788	M 7	Vanbelle Evert [ M 75 / 1932 ]		28:07	04:01	14.90
9	458	W 2	Bogaert Sharon [ W 45 / 1975 ]		29:07	04:09	14.40
10	837	M 8	Van Den Branden Rudy [ M 55 / 1964 ]		29:12	04:10	14.40
11	761	M 9	Van De Pontseele Dieter [ M 35 / 1987 ]		29:26	04:12	14.30
12	451	M 10	Haegeman Davy [ Sen / 1996 ]	Acp	29:29	04:12	14.20
13	686	M 11	Verdoodt Erik [ Sen / 1989 ]		29:32	04:13	14.20
14	234	M 12	De Mey Kristof [ Sen / 1993 ]		29:32	04:13	14.20
15	832	W 3	Steenput Silke [ Sen / 1993 ]		29:36	04:13	14.20
16	492	M 13	De Coninck Jonas [ Sen / 1995 ]		30:02	04:17	14.00
17	679	W 4	Plas Liesbeth [ W 35 / 1983 ]	Lebbeekse	30:16	04:19	13.90
18	165	M 14	Sioen Bart [ M 50 / 1972 ]		30:33	04:21	13.70
19	872	M 15	Janssens Wim [ M 35 / 1985 ]		30:42	04:23	13.70
20	710	M 16	Vermassen Kenny [ M 35 / 1983 ]		30:50	04:24	13.60
21	792	M 17	Langenakens Kevin [ M 35 / 1986 ]		30:51	04:24	13.60
22	805	M 18	Guldemont Tom [ M 35 / 1983 ]		31:00	04:25	13.50
23	848	M 19	Buggenhoudt Dieter [ M 45 / 1973 ]	Kwb	31:07	04:26	13.50
24	831	W 5	De Nil Fleur [ W 35 / 1983 ]	Alva	31:10	04:27	13.50
25	460	M 20	Van Campenhout Luc [ M 60 / 1957 ]		31:15	04:27	13.40
26	894	M 21	Vaeyens Laurens [ Sen / 1992 ]		31:31	04:30	13.30
27	835	M 22	De Neef Kristof [ M 45 / 1976 ]	Dnksportcoa	31:56	04:33	13.20
28	742	M 23	De Geyndt Jochen [ M 40 / 1982 ]	De	32:01	04:34	13.10
29	793	M 24	De Schrijver Davy [ M 35 / 1986 ]	Kwb	32:18	04:36	13.00
30	751	W 6	Bruylandt Els [ W 40 / 1978 ]	Aces	32:37	04:39	12.90
31	729	M 25	Neckebroeck Steven [ M 40 / 1978 ]	Maspoe	32:42	04:40	12.80
32	732	M 26	Van Mulders Stein [ M 40 / 1981 ]	Maspoe	32:56	04:42	12.80
33	423	M 27	De Smet Marc [ M 40 / 1979 ]		33:03	04:43	12.70
34	724	M 28	Schockaert Mario [ M 45 / 1973 ]	Krekenloper	33:08	04:44	12.70
35	794	W 7	De Jonge Lisa [ Sen / 1998 ]		33:26	04:46	12.60
36	895	M 29	Deproost Sid [ Sen / 1992 ]	Bvl	33:57	04:51	12.40
37	798	M 30	Cautaers Luc [ M 60 / 1961 ]	Kwb	34:20	04:54	12.20
38	873	M 31	Galle Christophe [ M 35 / 1984 ]		35:12	05:01	11.90
39	734	M 32	De Backer Jarne [ Sen / 1998 ]		35:12	05:01	11.90
40	838	M 33	De Vos Davy [ M 35 / 1982 ]		35:37	05:05	11.80

41	836	M 34	Matthijs Patrick [ M 55 / 1965 ]	Kwb.	36:31	05:13	11.50
42	645	M 35	Njuguna Simon [ Sen / 1987 ]		36:40	05:14	11.50
43	777	W 8	De Cuyper Aurelie [ Sen / 1992 ]		36:42	05:14	11.40
44	889	M 36	Clottemans Andre [ M 60 / 1958 ]		36:56	05:16	11.40
45	897	M 37	Loverix Stefan [ M 50 / 1970 ]		37:04	05:17	11.30
46	759	M 38	Arijs René [ M 70 / 1951 ]	Roadjoggers	37:08	05:18	11.30
47	887	M 39	Stockman Bruno [ M 50 / 1970 ]		38:00	05:25	11.10
48	892	M 40	Crabbe Daniel [ M 60 / 1960 ]		38:25	05:29	10.90
49	854	W 9	De Craemer Isabelle [ W 35 / 1985 ]		38:36	05:30	10.90
50	736	M 41	Dierickx Nico [ M 45 / 1976 ]	Kingfizzers	38:37	05:31	10.90
51	868	M 42	Van Rossem Ambrosius [ M 65 / 1956 ]		38:53	05:33	10.80
52	745	W 10	Bieseeman Inge [ Sen / 1993 ]		39:29	05:38	10.60
53	728	M 43	Van De Maele Jens [ Sen / 1990 ]		39:32	05:38	10.60
54	870	M 44	Lefevre Marc [ M 60 / 1957 ]		39:39	05:39	10.60
55	787	M 45	Borremans Tom [ M 40 / 1981 ]	Jcoetingen	39:49	05:41	10.50
56	860	W 11	Darras Sylvia [ W 40 / 1980 ]		39:49	05:41	10.50
57	725	M 46	Haentjens Kris [ M 65 / 1956 ]		39:54	05:42	10.50
58	701	W 12	Willems Katja [ W 45 / 1973 ]	Kwb	39:59	05:42	10.50
59	844	W 13	Killemaes Nadine [ W 45 / 1974 ]	Dac	41:06	05:52	10.20
60	703	W 14	Goethals Nicole [ W 55 / 1964 ]		41:13	05:53	10.20
61	796	W 15	Timmermans An-sophie [ W 35 / 1983 ]		43:24	06:12	9.70
62	906	W 16	Devue Kathleen [ W 45 / 1974 ]		43:25	06:12	9.70
63	429	W 17	Catalan Evelyn [ W 40 / 1980 ]		43:25	06:12	9.70
64	959	W 18	Webers Helga [ W 45 / 1974 ]	Dac	43:26	06:12	9.70
65	359	W 19	De Schrijver Kristel [ W 50 / 1969 ]	Dac	43:56	06:16	9.60
66	845	W 20	Timmermans Sandra [ W 55 / 1966 ]		44:57	06:25	9.30
67	997	W 21	Timmetmans Sarah [ W 40 / 1977 ]		44:59	06:25	9.30
68	196	W 22	De Baerdemaeker Fanny [ Sen / 1992 ]		45:25	06:29	9.20
69	385	W 23	Borremans Lotte [ Jun / 2004 ]		45:30	06:30	9.20
70	713	W 24	De Haseleer Marleen [ W 55 / 1965 ]	Dac	47:51	06:50	8.80
71	426	W 25	Poncelet Margot [ Sen / 2000 ]		47:55	06:50	8.80
72	756	M 47	Knauf Keanu [ Sen / 1997 ]		48:00	06:51	8.80
73	828	W 26	De Roock Kathleen [ W 55 / 1965 ]	Dilbeekse	48:05	06:52	8.70
74	764	W 27	Francois Lieve [ W 65 / 1955 ]		49:29	07:04	8.50
75	475	W 28	Baert Erika [ Sen / 1993 ]		49:47	07:06	8.40
76	888	M 48	Van Hoorick Pieter [ M 60 / 1960 ]	Dac	52:22	07:28	8.00
77	648	W 29	De Veirman Celien [ Sen / 1990 ]		52:40	07:31	8.00
78	427	W 30	De Potter Helga [ W 45 / 1972 ]	Fitcenter	54:14	07:44	7.70

## RESULTS :

600 m

## STRATENLOOP

ESSENE

20/03/2022



rank	bib	gender	name [catg / year]		time	time / km	km/h
1	378	W 1	Van Gehuchten Lotte [Nvt / 2012]	Avlo	02:14	03:43	16.10
2	882	M 1	Van Ghyseghem Leander [Nvt / 2011]	Dac	02:14	03:43	16.10
3	856	M 2	Van Oudenhove Jonas [Nvt / 2011]		02:15	03:45	16.00
4	863	W 2	Demuyt Kimia [Nvt / 2012]	Rcbt	02:18	03:50	15.70
5	726	M 3	Pollet Thibe [Nvt / 2012]	Vita	02:20	03:53	15.40
6	861	M 4	Devillé Jonas [Nvt / 2012]		02:26	04:03	14.80
7	865	W 3	De Canniere Lois [Nvt / 2012]		02:29	04:08	14.50
8	371	W 4	De Laet Lotte [Nvt / 2012]		02:49	04:41	12.80
9	450	W 5	Van De Velde Floor [Nvt / 2012]		02:59	04:58	12.10

## RESULTS :

## 400 m

## STRATENLOOP

## ESSENE

20/03/2022



rank	bib	gender	name [catg / year]		time	time / km	km/h
1	463	M 1	Desmet Oscar [Nvt / 2014]		01:15	03:07	19.20
2	398	W 1	Ruttens Bente [Nvt / 2013]		01:22	03:25	17.60
3	481	M 2	Buggenhoudt Bas [Nvt / 2014]	Dac	01:23	03:27	17.30
4	461	M 3	Vanvilers De Wagter Timo [Nvt / 2013]	Eendracht	01:25	03:32	16.90
5	735	M 4	Michiels Thomas [Nvt / 2013]	Vj	01:25	03:32	16.90
6	778	M 5	Verbessem Robin [Nvt / 2013]		01:26	03:35	16.70
7	508	M 6	De Laet Kobe [Nvt / 2014]		01:27	03:37	16.60
8	453	W 2	Dekeyser Hanne [Nvt / 2013]	Alva	01:28	03:40	16.40
9	839	M 7	Lerooy Eduard [Nvt / 2013]		01:28	03:40	16.40
10	368	W 3	Busquaert Lilly [Nvt / 2013]		01:30	03:45	16.00
11	489	M 8	Blancquaert Xander [Nvt / 2013]		01:30	03:45	16.00
12	638	W 4	Leys Amber [Nvt / 2013]	De Klimming	01:32	03:50	15.70
13	476	M 9	Van Den Crujice Tibe [Nvt / 2013]		01:32	03:50	15.70
14	708	M 10	Devillé Stan [Nvt / 2014]		01:33	03:52	15.50
15	762	W 5	Borremans Lore [Nvt / 2013]	Jcoetingen	01:34	03:55	15.30
16	470	W 6	Jane Giusti [Nvt / 2013]		01:34	03:55	15.30
17	442	M 11	Wauters Cheng Lucas [Nvt / 2014]		01:35	03:57	15.20
18	714	M 12	Pollet Jelte [Nvt / 2015]	Vita	01:39	04:07	14.50
19	700	W 7	De Canniere Axelle [Nvt / 2014]		01:41	04:12	14.30
20	631	W 8	Demey Nell [Nvt / 2015]		01:42	04:15	14.10
21	541	M 13	Van Den Vreken Wannas [Nvt / 2015]	Alva	01:45	04:22	13.70
22	705	M 14	Galle Thibau [Nvt / 2015]	Vita	01:46	04:25	13.60
23	462	M 15	Standaert Vogo [Nvt / 2014]		01:46	04:25	13.60
24	441	M 16	Paeps Ube [Nvt / 2016]		01:47	04:27	13.50
25	422	W 9	De Geyndt Catalan Adriana [Nvt / 2014]		01:47	04:27	13.50
26	485	W 10	Van Ghyseghem Febe [Nvt / 2013]		01:47	04:27	13.50
27	846	W 11	Busquaert Chloé [Nvt / 2015]		01:49	04:32	13.20
28	774	W 12	Marit Linde [Nvt / 2015]		01:49	04:32	13.20
29	657	M 17	Maton Lou [Nvt / 2015]		01:50	04:35	13.10
30	466	W 13	Bruyninckx Cleo [Nvt / 2014]		01:50	04:35	13.10
31	819	M 18	Borremans Wout [Nvt / 2015]	Jcoetingen	01:51	04:37	13.00
32	440	W 14	Van Vaerenbergh Tamara [W 35 / 1984]		01:53	04:42	12.70
33	420	M 19	De Graeve Mohannes [Nvt / 2016]		01:53	04:42	12.70
34	807	M 20	Galle Mathis [Nvt / 2016]	Vita	01:54	04:45	12.60
35	858	M 21	Prearo Lucas [Nvt / 2016]		01:56	04:50	12.40
36	384	M 22	Anthoons Stan [Nvt / 2014]		01:56	04:50	12.40
37	424	M 23	Bruyninckx Odin [Nvt / 2016]		01:57	04:52	12.30
38	757	W 15	Prearo Zoë [Nvt / 2014]		01:57	04:52	12.30
39	683	M 24	De Wever Gilles [Nvt / 2014]		01:59	04:57	12.10
40	472	M 25	Cheng Vincent [Nvt / 2016]		02:00	05:00	12.00

41	826	M 26	Lerooy Gisele [ Nvt / ]		02:02	05:05	11.80
42	452	W 16	Anthoons Nell [ Nvt / 2016 ]		02:03	05:07	11.70
43	647	M 27	De Leeuw Vic [ Nvt / 2017 ]		02:04	05:10	11.60
44	628	W 17	Courtmans Jikkemien [ Nvt / 2016 ]		02:05	05:12	11.50
45	473	M 28	De Graeve Rajan [ Nvt / 2015 ]		02:06	05:15	11.40
46	668	W 18	Vanvilers De Wagter Fia [ Nvt / 2016 ]	Eendracht	02:07	05:17	11.30
47	840	W 19	Blancquaert Elynn [ Nvt / 2015 ]		02:07	05:17	11.30
48	770	M 29	Ciocan Lucas [ Nvt / 2016 ]		02:08	05:20	11.30
49	737	M 30	Guldemont Max [ Nvt / 2017 ]		02:10	05:25	11.10
50	404	W 20	De Munter Fien [ Nvt / 2015 ]		02:13	05:32	10.80
51	402	W 21	Bewaert Roxanne [ Nvt / 2015 ]		02:18	05:45	10.40
52	711	W 22	De Wever Mila [ Nvt / 2016 ]		02:19	05:47	10.40
53	747	W 23	De Witte Noor [ Nvt / 2016 ]		02:22	05:55	10.10
54	680	M 31	De Graeve Ians [ Nvt / 2018 ]		02:25	06:02	9.90
55	403	M 32	Bewaert Stan [ Nvt / 2018 ]		02:26	06:05	9.90
56	370	W 24	Van Den Broeck Anna [ Nvt / 2018 ]		02:37	06:32	9.20
57	401	W 25	Ruttens Birte [ Nvt / 2017 ]		02:40	06:40	9.00
58	521	W 26	Van Den Vreken Lauren [ Nvt / 2018 ]		02:51	07:07	8.40
59	823	M 33	Naam Niet Gekend [ Nvt / ]		02:59	07:27	8.00
60	721	W 27	Vandendriessche Nell [ Nvt / 2018 ]	Kwb	03:12	08:00	7.50
61	748	W 28	De Witte Ran [ Nvt / 2019 ]		03:32	08:50	6.80
62	436	W 29	Van Der Hoeven Liesl [ Nvt / 2019 ]		03:37	09:02	6.60
63	379	W 30	Van Den Broeck Pippa [ Nvt / 2018 ]		03:45	09:22	6.40
64	696	M 34	Maton Arthur [ Nvt / 2018 ]		03:59	09:57	6.00
65	763	W 31	Depoorter Alexander [ Nvt / 2013 ]		07:20	18:20	3.30
66	454	M 35	Desmet Oscar [ Nvt / 2014 ]		52:57	132:22	0.50
67	417	M 36	Plottion Lex [ Nvt / 2016 ]		87:08	217:50	0.30

## RESULTS :

4 km

## STRATENLOOP

ESSENE

20/03/2022



rank	bib	gender	name [catg / year]		time	time / km	km/h
1	818	M 1	Penninckx Koen [ M 40 / 1979 ]		12:48	03:12	18.70
2	746	M 2	Meert Matthias [ Cad / 2008 ]	Ea	14:45	03:41	16.30
3	495	M 3	Zahoual Yassine [ Sen / 1996 ]		15:01	03:45	16.00
4	813	M 4	Van Damme Odinn [ Nvt / 2009 ]		15:05	03:46	15.90
5	727	M 5	Van Roy Nico [ Sen / 1996 ]		15:06	03:46	15.90
6	781	W 1	Demuyt Nerea [ Cad / 2008 ]	Rcbt	16:06	04:01	14.90
7	430	M 6	Broothaerts Josse [ M 65 / 1955 ]		16:32	04:08	14.50
8	409	W 2	Croiset Sophie [ W 35 / 1985 ]		16:33	04:08	14.50
9	715	W 3	Van Der Sijpt Eva [ Sen / 1987 ]	Maspoe	16:40	04:10	14.40
10	829	M 7	Deneys Dirk [ M 45 / 1973 ]	Vita	16:49	04:12	14.30
11	405	M 8	Dekens Kristof [ M 40 / 1979 ]	Kristof	17:01	04:15	14.10
12	439	W 4	Philips Tara [ Sen / 1996 ]	Spiridon	17:08	04:17	14.00
13	395	W 5	Van Gehuchten Lotte [ Nvt / 2012 ]	Avlo	18:22	04:35	13.10
14	867	M 9	De Vos Wout [ Nvt / 2012 ]	Aces	18:24	04:36	13.00
15	640	M 10	Desmet Jan [ M 45 / 1972 ]		18:36	04:39	12.90
16	871	M 11	Verbiest Nico [ M 45 / 1974 ]		19:07	04:46	12.60
17	814	M 12	Van Lierde Jani [ Cad / 2008 ]		19:31	04:52	12.30
18	808	W 6	De Jonge Jana [ Sen / 1996 ]		19:32	04:53	12.30
19	490	M 13	Schelfthout Gunther [ M 45 / 1974 ]		19:37	04:54	12.20
20	817	M 14	Stockman Finn [ Nvt / 2012 ]		19:38	04:54	12.20
21	801	W 7	Van Lierde Brittany [ Jun / 2003 ]		20:18	05:04	11.80
22	772	M 15	Metsler Warre [ Nvt / 2012 ]		20:36	05:09	11.70
23	866	M 16	Lommers Dieter [ M 35 / 1983 ]	Rc De	20:41	05:10	11.60
24	760	W 8	Van Vaerenbergh Vannessa [ W 35 / 1984 ]		21:32	05:23	11.10
25	852	W 9	De Neef Louise [ Nvt / 2010 ]	Ea	21:36	05:24	11.10
26	568	M 17	Mathus Quentin [ M 35 / 1986 ]		21:43	05:25	11.10
27	419	W 10	Mathus Laura [ Cad / 2007 ]		21:51	05:27	11.00
28	479	W 11	Van Den Berghe Ellen [ W 35 / 1983 ]		21:52	05:28	11.00
29	874	W 12	Detzel Verena [ W 40 / 1977 ]		22:04	05:31	10.90
30	750	M 18	Puttaert Gunter [ M 50 / 1970 ]	Kwb	22:33	05:38	10.60
31	890	W 13	Puttaert Laura [ Nvt / 2010 ]	Kwb	22:35	05:38	10.60
32	862	W 14	Cautaers Leen [ W 35 / 1985 ]	Kwb	22:46	05:41	10.50
33	733	M 19	Moyersoon Mattias [ Sen / 1989 ]	Rock	23:19	05:49	10.30
34	782	W 15	Hutsebaut Krista [ W 45 / 1976 ]		23:27	05:51	10.20
35	431	M 20	Vanryckeghem Vince [ Nvt / 2011 ]		23:39	05:54	10.10
36	719	M 21	Lievens Dirk [ M 60 / 1960 ]	Markvallei	23:50	05:57	10.10
37	754	W 16	Dierickx Rosie [ W 60 / 1957 ]	Roadjoggers	24:04	06:01	10.00
38	776	W 17	Floré Pascale [ W 45 / 1972 ]		25:37	06:24	9.40
39	699	W 18	Michiels Norah [ Nvt / 2011 ]	Bc Opwijk	25:38	06:24	9.40
40	444	M 22	Michiels Koen [ M 45 / 1976 ]	Aav Opwijk	25:39	06:24	9.40

41	885	W 19	Theunis Tatjana [ Sen / 1999 ]		26:38	06:39	9.00
42	853	W 20	De Vos Lore [ Cad / 2009 ]	Aces	27:27	06:51	8.70
43	639	W 21	Robberecht Inge [ W 50 / 1968 ]		27:38	06:54	8.70
44	480	M 23	Maes Koen [ M 50 / 1967 ]		27:42	06:55	8.70
45	880	W 22	Beeckman Anita [ W 65 / 1955 ]	A-r-s	31:48	07:57	7.50
46	643	W 23	Baert Helena [ Sen / 1997 ]		48:30	12:07	4.90

## RESULTS :

21 km

## STRATENLOOP

ESSENE

20/03/2022



rank	bib	gender	name [catg / year]		time	time / km	km/h
1	1074	M 1	De Ridder Tim [ M 35 / 1984 ]	Ac Lebbecke	76:26	03:38	16.50
2	1294	M 2	De Mooij Jaryd [ M 35 / 1986 ]		77:28	03:41	16.30
3	1309	M 3	Schelfhout Gregory [ M 40 / 1980 ]	Ddt	77:43	03:42	16.20
4	1062	M 4	Goossens Augustin [ M 50 / 1969 ]		81:29	03:52	15.50
5	54	M 5	De Jonge Youri [ M 35 / 1982 ]		81:42	03:53	15.40
6	1319	M 6	Verschueren Frans [ Sen / 1989 ]	Team	81:55	03:54	15.40
7	1070	M 7	De Vos Reindert [ Sen / 1991 ]	Maspoe	83:24	03:58	15.10
8	1297	M 8	Van Holsbeeck Stefan [ M 40 / 1978 ]		86:22	04:06	14.60
9	1298	M 9	Bruier Desmeth Randy [ M 40 / 1982 ]	Vita	87:23	04:09	14.40
10	1317	M 10	Hunninck Ken [ M 35 / 1986 ]	Maspoe	87:41	04:10	14.40
11	1305	M 11	Maton Cedric [ M 35 / 1986 ]		88:29	04:12	14.20
12	1296	M 12	Coetsiers Karel [ M 45 / 1977 ]		89:56	04:16	14.00
13	1301	M 13	Dubois Michael [ M 50 / 1970 ]		91:05	04:20	13.80
14	968	M 14	Demuyt Raphaël [ M 45 / 1974 ]	Cepal	91:07	04:20	13.80
15	1318	M 15	De Coster Matthias [ Sen / 1992 ]	Kwb	91:42	04:22	13.70
16	1320	M 16	Arys Klaas [ Sen / 2001 ]		93:31	04:27	13.50
17	1321	M 17	De Vriendt Nils [ M 40 / 1978 ]		94:01	04:28	13.40
18	1066	M 18	De Koninck Nico [ Sen / 1994 ]		95:04	04:31	13.30
19	1073	M 19	Van Lijsebeth Nils [ Sen / 1994 ]		95:52	04:33	13.10
20	1315	M 20	Ooghe Filip [ M 55 / 1966 ]	Funrunners	97:36	04:38	12.90
21	1313	W 1	Louwage Mieke [ W 40 / 1978 ]	Maspoe	97:41	04:39	12.90
22	1067	M 21	Steylemans Pieter [ Nvt / ]		99:05	04:43	12.70
23	1299	M 22	Laureys Tim [ M 40 / 1979 ]		99:13	04:43	12.70
24	1069	M 23	De Maesschalck Geert [ M 55 / 1966 ]	Mrt	99:41	04:44	12.60
25	1300	M 24	Matthijs Arne [ Sen / 1996 ]	Vlierzele	102:10	04:51	12.30
26	1316	M 25	Matthijs Guy [ M 50 / 1968 ]	Vlierzele	102:11	04:51	12.30
27	63	M 26	Milo Sven [ M 50 / 1968 ]		103:23	04:55	12.20
28	1292	M 27	Van Hoecke Stijn [ M 40 / 1980 ]		103:45	04:56	12.10
29	1076	M 28	Van De Velde Steven [ M 35 / 1983 ]		104:55	04:59	12.00
30	1312	M 29	Janzing David [ M 50 / 1969 ]	Avlo	105:19	05:00	12.00
31	1302	M 30	Pereboom Iwein [ M 35 / 1982 ]	Maspoe	106:14	05:03	11.90
32	1314	M 31	Siroyt Andre [ M 65 / 1956 ]		107:22	05:06	11.70
33	1304	M 32	De Smet Frank [ Sen / 1992 ]		107:31	05:07	11.70
34	1308	M 33	Vernailen Jan [ M 40 / 1981 ]	Swimkap	109:38	05:13	11.50
35	1293	W 2	De Saeger An [ W 45 / 1976 ]	Brasserrun	109:45	05:13	11.50
36	52	M 34	Neukermans David [ M 40 / 1980 ]		109:55	05:14	11.50
37	1311	M 35	De Rons Erwin [ M 50 / 1970 ]	Acko	110:11	05:14	11.40
38	1065	M 36	De Vlieger Chris [ M 55 / 1965 ]	Fitcenter	111:06	05:17	11.30
39	1307	M 37	Martens Christophe [ M 45 / 1974 ]	Maspoe	112:04	05:20	11.20
40	1060	M 38	Sergeant Gert [ Sen / 1992 ]		112:06	05:20	11.20



41	1306	M 39	Neckebroeck Steven [ M 40 / 1978 ]	Maspoe	114:34	05:27	11.00
42	1303	M 40	Lettens Frederik [ Sen / 1992 ]		114:36	05:27	11.00
43	1063	M 41	Vanelslande Frank [ M 55 / 1964 ]		118:35	05:38	10.60
44	1061	M 42	Claes Christophe [ M 40 / 1980 ]		119:38	05:41	10.50
45	1399	M 43	Van Den Borre Kris [ M 45 / 1976 ]		123:43	05:53	10.20
46	1064	W 3	Jacobs Elke [ W 35 / 1982 ]		132:13	06:17	9.50

## RESULTS :

14 km

## STRATENLOOP

ESSENE

20/03/2022



rank	bib	gender	name [catg / year]		time	time / km	km/h
1	919	M 1	Schockaert Sem [Sen / 2002]	Krc Gent	48:17	03:26	17.40
2	646	M 2	Sodermans Jasper [Sen / 1994]		49:02	03:30	17.10
3	156	M 3	Rasschaert Sander [Sen / 2000]	Krc Gent	51:04	03:38	16.40
4	797	M 4	Verbessem Tom [M 35 / 1983]		51:21	03:40	16.40
5	456	M 5	Reynaerts Dries [M 35 / 1984]		51:29	03:40	16.30
6	783	M 6	Van Rode Robin [M 35 / 1983]		53:49	03:50	15.60
7	183	M 7	Penne Mario [Nvt / 972]		53:57	03:51	15.60
8	741	M 8	Slachmuylders Niels [Sen / 1988]	Lebb	54:25	03:53	15.40
9	407	M 9	Van De Sype Miguel [Sen / 1990]		55:17	03:56	15.20
10	449	M 10	Van Vaerenbergh Sijmen [Sen / 1997]	Acko	57:40	04:07	14.60
11	878	M 11	Steen Daley [M 35 / 1983]		57:47	04:07	14.50
12	494	W 1	Matthijs Annelies [Sen / 1999]	Vs	58:04	04:08	14.50
13	672	M 12	De Blicck Bart [M 40 / 1981]		58:30	04:10	14.40
14	418	M 13	Sergooris Junior [Sen / 1995]		59:39	04:15	14.10
15	455	M 14	Michiels Koen [M 45 / 1976]	Aav Opwijk	59:55	04:16	14.00
16	414	M 15	Van Vaerenbergh Erik [M 55 / 1963]	Acko	61:28	04:23	13.70
17	421	M 16	Vekemans Yannick [Sen / 1991]		61:38	04:24	13.60
18	53	M 17	Daelemans Jeroen [Sen / 1991]		61:51	04:25	13.60
19	723	M 18	De Ketelbutter Bart [M 45 / 1975]		62:06	04:26	13.50
20	411	M 19	Van Nieuwenhove Jelle [M 35 / 1982]	3md	62:09	04:26	13.50
21	474	M 20	Bouve Wouter [Nvt / ]		62:18	04:27	13.50
22	811	M 21	Berghmans Kris [M 45 / 1973]		62:19	04:27	13.50
23	918	M 22	Baudewijn David [M 35 / 1982]		62:30	04:27	13.40
24	637	W 2	Scherre Nele [W 40 / 1981]	Aces	62:52	04:29	13.40
25	396	M 23	Mattns Gunther [M 50 / 1970]		64:01	04:34	13.10
26	545	M 24	De Geyndt Joost [M 35 / 1983]		67:03	04:47	12.50
27	624	M 25	Schuddinck Bart [M 50 / 1970]	Bourgondic	68:05	04:51	12.30
28	682	M 26	Ruyssveldt Steven [M 40 / 1980]		69:38	04:58	12.10
29	685	M 27	Van De Maele Jasper [Sen / 1991]		70:33	05:02	11.90
30	410	M 28	Wijnant Thomas [Sen / 1994]		74:06	05:17	11.30
31	841	M 29	Asselman Frank [M 45 / 1972]	Maspoe	75:05	05:21	11.20
32	896	M 30	De Coninck Philippe [M 55 / 1965]		75:34	05:23	11.10
33	64	M 31	Van Herreweghe Geert [M 55 / 1965]		76:03	05:25	11.00
34	766	W 3	Coppens Linda [W 60 / 1960]	Maspoe	76:19	05:27	11.00
35	904	W 4	Souffriau Veerle [W 45 / 1976]	Ddt	77:43	05:33	10.80
36	771	W 5	Stockman Anouchka [W 50 / 1967]		78:27	05:36	10.70
37	718	M 32	Debruyckere Rik [M 55 / 1962]		79:32	05:40	10.60
38	374	W 6	Asselman Hilde [W 45 / 1976]		79:46	05:41	10.50
39	393	M 33	Van Der Borght Marc [M 65 / 1955]	A-r-s	79:50	05:42	10.50
40	468	W 7	Van Den Steen Goedele [Sen / 1988]		80:03	05:43	10.50

41	184	M 34	Dewulf Jelle [ Sen / 1993 ]		80:59	05:47	10.40
42	381	W 8	Dhollander Kristel [ W 40 / 1979 ]		82:09	05:52	10.20
43	681	M 35	Bauwens Pieter [ M 45 / 1974 ]		82:11	05:52	10.20
44	702	M 36	De Kimpe Tommy [ M 45 / 1976 ]		82:34	05:53	10.20
45	790	M 37	Droesbeke Dirk [ M 45 / 1972 ]		82:49	05:54	10.10
46	684	M 38	Rucic Herman [ M 35 / 1986 ]		83:06	05:56	10.10
47	644	W 9	Bonnet Anais [ Sen / 1990 ]	Tribe	83:36	05:58	10.00
48	443	W 10	Sammels Monika [ Sen / 1990 ]		85:42	06:07	9.80
49	717	W 11	Sammels Eva [ W 35 / 1983 ]		85:43	06:07	9.80
50	365	W 12	Peeters Isabel [ W 55 / 1964 ]		89:52	06:25	9.30
51	859	W 13	Van Den Abbeele Evy [ W 35 / 1984 ]	Fit Center	90:09	06:26	9.30
52	857	W 14	De Landtsheer Lien [ W 35 / 1982 ]	Fitcenter	90:13	06:26	9.30
53	459	W 15	Wellekens Stephanie [ Sen / 1993 ]		90:40	06:28	9.30
54	214	W 16	Matthijs Josha [ Sen / 1992 ]		93:58	06:42	8.90
55	625	W 17	De Plecker Veronique [ W 55 / 1963 ]	Fit Center	95:19	06:48	8.80
56	712	W 18	Offermans Nathalie [ W 50 / 1972 ]	Zateam	95:43	06:50	8.80
57	627	W 19	Verboomen Jeanine [ W 70 / 1950 ]	Zateam	95:46	06:50	8.80
58	464	M 39	Eeckhout Michael [ M 35 / 1986 ]		99:31	07:06	8.40
59	360	M 40	Bolssens Romain [ M 65 / 1955 ]		101:54	07:16	8.20